



August/September 2021 Food Services News



As students return to in-person learning this fall, Aramark is pleased to be continuing service under the current meal program allowing for free meals for all full-day students.

All full-day students will have access to one breakfast combo meal & one lunch combo meal at no charge, each school day.

What makes up a Free Combo Meal?

Our menus are developed using five nutritious food groups:



1. Meat or Meat Alternate, 2. Grain, 3. Vegetable,
4. Fruit, 5. Milk.

A Combo Meal requires a fruit or vegetable plus an item from at least 2 other food groups.

Most lunch entrées include the meat/meat-alternate and grain.



Starting August 19th, EVERY school will provide a breakfast service.

Elementary students will find a breakfast cart within their schools with a Grab-n-Go breakfast!

Junior High and High school cafeterias are open for selections of entrées and sides at both breakfast and lunch.

A tasty entrée, fruit sides and milk will help start the day! And like our lunches, breakfasts are nutritionally designed with whole-grain entrées and low-sugar cereal!

STAYING SAFE

The Centers for Disease Control and Prevention (CDC) has identified key areas of focus for food service when students return to school. Our reopening plans have been tailored to address these recommendations.



- Keeping Students Safe
- Responding to student and family needs
- Maintaining safe environments
- Exceeding sanitation standards



We pledge to ensure employees come to work healthy and safe.

We have enhanced our sanitation practices to protect our school environment. There will be an emphasis on repeated cleaning of high-touch areas. Surfaces will be regularly sanitized with approved chemicals. There will be menu modifications and service area adjustments to ensure a safe dining environment.

MENU CHAT



Fruits & veggies can improve your health! They're low in calories and loaded with vitamins, antioxidants & fiber.

Go for 'five and five'

(5 servings of fruit; 5 veggies) a day - It's easy!

A serving is only about a half a cup – fresh, frozen, dry or canned – all are good for you! Sample the seasons – eat what's fresh all year long – Avoid fruits in syrup or veggies with added salt.